



# POWERPact Mens Ministry

## REAL MEN, REAL ISSUES

*Living an authentic faith through the teachings of James.*

*A powerful look into trials that men face.*

### Session 5: Men's Bible Study: Patience and Prayer READ CHAPTER 5

#### “Stand Firm: Learning Patience and Power through Prayer”

#### Main Text: James 5:7–18 (NASB1995)

**Verses 7–8** – *"Therefore be patient, brethren, until the coming of the Lord. The farmer waits for the precious produce of the soil, being patient about it... You too be patient; strengthen your hearts, for the coming of the Lord is near."*

**Verses 13–16** – *"Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises... The effective prayer of a righteous man can accomplish much."*

#### Study Outline:

**1. The Call to Patience (James 5:7–11 NASB 1995)** 7 Therefore be patient, brethren, until the coming of the Lord. The farmer waits for the precious produce of the soil, being patient about it, until it gets the early and late rains. 8 You too be patient; strengthen your hearts, for the coming of the Lord is near. 9 Do not complain, brethren, against one another, so that you yourselves may not be judged; behold, the Judge is standing right at the door. 10 As an example, brethren, of suffering and patience, take the prophets who spoke in the name of the Lord. 11 We count those blessed who endured. You have heard of the endurance of Job and have seen the outcome of the Lord's dealings, that the Lord is full of compassion and is merciful.

### Discussion Points:

- James uses the example of a farmer. Why is that significant?

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- What does this tell us about *spiritual growth* and *waiting on God's timing*?

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- How do men struggle with impatience (in family, work, spiritual life)?

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### Key Verse:

“You too be patient; strengthen your hearts, for the coming of the Lord is near.” (v. 8)

### Challenge for Men:

- Where in your life do you need to "**strengthen your heart**" and wait on God?

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- How can we support each other as brothers while we wait?

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### Additional Scripture References and suggested reading:

Romans 5:3-5

Galatians 6:9

Hebrews 10:36

**2. The Power of Prayer (James 5:13–18 NASB 1995)** 13 Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises. 14 Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord; 15 and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up, and if he has committed sins, they will be forgiven him. 16 Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much. 17 Elijah was a man with a nature like ours, and he prayed earnestly that it would not rain, and it did not rain on the earth for three years and six months. 18 Then he prayed again, and the sky poured rain and the earth produced its fruit.

**Discussion Points:**

- How does James describe prayer? When should we pray?

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- What does it mean that “the effective prayer of a righteous man can accomplish much”?

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- Why do you think James highlights Elijah—a prophet just like us (v. 17)?

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**Key Verse:**

“The effective prayer of a righteous man can accomplish much.” (v. 16b)

**Challenge for Men:**

- Are you praying with **expectation**, or just out of **obligation**?
- How can your prayer life become more **intentional**, **consistent**, and **powerful**?

**Additional Scripture References and suggested reading:**

**Philippians 4:6–7**

**1 Thessalonians 5:16–18**

**Matthew 6:6**

# Application & Accountability

## Personal Reflection:

- Where do I need to be more patient?

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- Am I turning to prayer first—or last—when facing pressure?

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## Group Accountability Questions:

- How have you seen God work through prayer this week?

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- Are there any situations right now where you need to lean into patience or prayer?

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## Take-Home Encouragement:

**Patience is not passive**—it is the strength to trust God while waiting.

**Prayer is not a last resort**—it is our first line of spiritual offense.

## Bonus questions to consider:

### On Patience:

1. What's one area of your life where you feel God is asking you to wait—and how are you handling that wait?
2. Why do you think God often chooses to work through waiting rather than instant results?
3. How do impatience and control go hand in hand? What does patience reveal about our trust in God?
4. How can waiting on God actually strengthen your character and prepare you for future responsibility?
5. Can you share a time when you were impatient—and looking back, how would you handle it differently now?

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### On Prayer:

6. What are the biggest distractions or obstacles that keep you from praying consistently?
7. When you pray, do you focus more on outcomes or on building relationship with God? Why?
8. James says Elijah was “a man with a nature like ours.” What does that mean for your own expectations in prayer?
9. How has God answered a prayer in your life in an unexpected or better way than you imagined?
10. Who in your life needs your intercession right now—and are you committed to pray for them regularly?

